

# BREAKFAST until 11:30AM

## BACON & EGG ROLL \* / 10

served on a Turkish roll with smoky BBQ sauce.

**Add avocado / 2**

## EGGS ON TOAST \* / 10

Two eggs poached or fried, on artisan sourdough toast.

**(for scrambled eggs add \$3)**

## BULLRING BREAKFAST COMBO / 15

2 rashers of bacon, 2 poached eggs  
& a hashbrown on toasted artisan sourdough.

**(for scrambled eggs add \$3)**

**Add chorizo sausage / 4**

**Add mushrooms / 4**

## BREAKFAST BENNY'S:

2 poached eggs, baby spinach & creamy hollandaise  
on toasted sourdough, with your choice of...

**bacon / 18**

**mushrooms / 18**

**smoked salmon / 22**



We use Alderly Creek free range eggs.

\* = Gluten free option available, extra charge may apply.

## MAQUI BERRY BOWL \* (vegan) / 16

ice cool super antioxidant berry smoothie bowl,  
topped with berries, banana, passionfruit  
& paleo granola.

**Add peanut butter or Nutella / 2**

## MUSHROOM BRUSCHETTA / 20

sautéd mushroom medley with truffle oil, parmesan,  
roquette & balsamic on sourdough toast.

**Add an egg / 2**

## SHIPWRECKED AVOCADO / 18

bashed avocado served on artisan sourdough with  
cherry tomato & feta salad & a sprinkled of dukkah.

## PLAIN PANCAKE STACK / 13

Three pancakes served with butter & maple syrup.

## BERRY HOTCAKES / 17

caramel mascarpone, mixed berry compote & whole  
berries, layered between hotcakes.

## THICK CUT FRUIT TOAST

2 slices / 7      Single slice / 4

## HOT DRINKS

**FLAT WHITE, CAPPUCCINO, LATTE / 4.5 / 5**

**MOCHA, HOT CHOCOLATE / 4.5 / 5**

**LONG BLACK / 3.5 / 4**

**LONG MACCHIATO, SHORT MACCHIATO / 3.80**

**ESPRESSO / 3**

**DECAF 100% SWISS WATER PROCESSED / 50c**

**CHAI LATTE / 4.5 / 5 (both gf & dairy free):**

Powder Chai.

Chamellia 9 Spice Fresh Chai blended black tea,  
spices & raw honey.

**TURMERIC SOY LATTE / 5 / 5.5**

**BABYCINO / 2**

Extra Espresso Shot +50c

Bonsoy, Almond or Lactose Free Milk (MilkLab) +80c

Add Coffee Syrup (vanilla, caramel, hazelnut) +50c

**LONDON FOG / 5.5**

Organic Earl Grey tea & honey, brewed & steamed with  
oat milk. Served in a mug.

**POT OF TEA / 4**

English Breakfast, Earl Grey\*, Lemon Grass & Ginger\*,  
Peppermint\*, Camomile\*, Gunpowder Green\*,  
Jasmine\*, Liquorice\*. (\*Chamellia organic, fair trade)

## COOL DOWN DRINKS

**ICED COFFEE / 8      ICED CHOCOLATE / 8**

with cream and ice-cream

**ICED LATTE / 5**

made with ice, milk & espresso

**MILKSHAKES / 8      KIDS MILKSHAKES / 4.5**

**THICKSHAKES / 10**

Chocolate, Strawberry, Vanilla, Caramel, Espresso.

**Add Malt / 50c**

**MANGO SMOOTHIE / 10**

**BANANA SMOOTHIE / 10**

**ICY FRUIT TROPICAL FRAPPE (dairy free) / 10**

*SEE CABINET FOR:  
WRAPS, PASTRIES,  
TOASTED SANDWICHES,  
FRUIT SALAD, GOURMET BREADS,  
GLUTEN FREE CAKES  
& MORE ...*

OUR SMALL BUSY KITCHEN APPRECIATES YOUR UNDERSTANDING, THAT  
WE CAN NOT ACCOMMODATE CHANGES TO MENU ITEMS.

# LUNCH FROM 11:30AM

## FROM THE OCEAN

### FISH OF THE DAY & CHIPS / 18

beer battered flat head fillets served with crispy thick cut chips, Asian slaw, lemon & tartare sauce.

### SEAFOOD BASKET / 22

calamari rings, prawn cutlets & battered flathead fillets with crispy thick cut chips, Asian slaw, lemon & tartare sauce.

### CALAMARI & CHIPS / 18

hand cut panko crumbed calamari rings (6) served with crispy thick cut chips, Asian slaw, lemon & tartare sauce.

## SALADS

### BEACH BUM BOWL / 18

A hearty salad base of earthy grains & seasonal fresh farm produce with you choice of protein ...

**with chicken** / 23

**with salmon** / 25

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## SNACKS

### HOT CHIPS

SMALL / 6, LARGE / 10

POTATO SCALLOP / 2

## KIDS

CHICKEN DINOSAURS & CHIPS / 12

BEEF BURGER \* / 10

pattie, cheese & sauce.

CHICKEN BURGER / 10

schnitzel, cheese & sauce.

KIDS FISH & CHIPS / 12

## ORDER ONLINE

WITH THE BEACH BUMS APP



## BURGERS

BEEF, BACON & CHEESE BURGER \* / 15

100% beef pattie, lettuce, tomato, beetroot, bacon, cheese & burger sauce.

CLASSIC CHICKEN \* / 14

crumbed schnitzel, cheese, tomato, lettuce & aioli.

THE 'SHROOM BURGER \* / 15

mushroom medley with semi-dried tomatoes, sweet potato & creamy Camembert, on a toasted Turkish roll.

*GOURMET TOASTED SANDWICHES / 12 (ALL DAY)*

*Please see cabinet for daily options ...*

## FROM THE CABINET

CHICKEN CEASAR WRAP / 12

ROAST VEGETABLE WRAP / 12

*SEE CABINET FOR:  
WRAPS, PASTRIES,  
GOURMET BREADS,  
FRUIT SALAD, SWEET TREATS,  
GLUTEN FREE CAKES  
& MORE ...*