

BREAKFAST until 11:30AM

MAQUI BERRY BOWL * (vegan) / 16
ice cool super antioxidant berry smoothie bowl,
topped with berries, banana, passionfruit
& paleo granola.

Add peanut butter or Nutella / 2

BERRY BRUSCHETTA / 15
toasted choc chip banana bread, topped with
mascarpone & a fresh berry salad & drizzled with
espresso maple syrup. (kids sauce option available)

AVOCADO SMASH * / 15
avocado & pea smash, cherry tomatoes, feta & roquette,
on sourdough toast.

Add Salmon / 6

STUFFED FIELD MUSHROOMS / 18
baked field mushrooms with wilted baby spinach & a
pomegranite drizzle. Filled with a fresh herb & vege
crumb & sprinkled with chorizo.

SPANISH BREKKY WRAP / 14
scrambled eggs, chorizo, spinach, cheese, capsicum
& smoky, chilli mayo. Vegetarian option available.

BACON & EGG ROLL * / 10
with smoky BBQ sauce on a milk bun.
Add avocado / 2

BULLRING BREAKFAST * / 15
2 bacon, 2 poached eggs & a hashbrown on
sourdough toast.

Add sausage / 4
(for scrambled eggs add \$3)

EGGS BENNY
2 poached eggs, spinach & hollandaise
on sourdough toast

with ham or bacon / 18

with smoked salmon / 22

THICK CUT FRUIT TOAST
2 slices / 7 Single slice / 4

* = Gluten free option available, extra charge may apply.

HOT DRINKS

FLAT WHITE, CAPPUCINO, LATTE / 4.5 / 5

MOCHA, HOT CHOCOLATE / 4.5 / 5

LONG BLACK / 3.5 / 4

LONG MACCHIATO, SHORT MACCHIATO / 3.80

ESPRESSO / 3

DECAF 100% SWISS WATER PROCESSED / 50c

CHAI LATTE / 4.5 / 5 (both gf & dairy free):

Powder Chai.

Chamellia 9 Spice Fresh Chai blended black tea,
spices & raw honey.

TURMERIC SOY LATTE / 5 / 5.5

BABYCINO / 2

Extra Espresso Shot +50c

Bonsoy, Almond or Lactose Free Milk (MilkLab) +80c

Add Coffee Syrup (vanilla, caramel, hazelnut) +50c

LONDON FOG / 5.5

Organic Earl Grey tea & honey, brewed & steamed with
oat milk. Served in a mug.

POT OF TEA / 4

English Breakfast, Earl Grey*, Lemon Grass & Ginger*,
Peppermint*, Camomile*, Gunpowder Green*,
Jasmine*, Liquorice*. (*Chamellia organic, fair trade)

COOL DOWN DRINKS

ICED COFFEE / 8 **ICED CHOCOLATE** / 8
with cream and ice-cream

ICED LATTE / 5
made with ice, milk & espresso

MILKSHAKES / 7.5 **KIDS MILKSHAKES** / 4.5

THICKSHAKES / 10
Chocolate, Strawberry, Vanilla, Caramel, Espresso.
Add Malt / 50c

MANGO SMOOTHIE / 10

BANANA SMOOTHIE / 10

ICY FRUIT TROPICAL FRAPPE (dairy free) / 10

OUR SMALL BUSY KITCHEN APPRECIATES YOUR UNDERSTANDING, THAT
WE CAN NOT ACCOMMODATE CHANGES TO MENU ITEMS.

LUNCH FROM 11:30AM

SUMMER SALADS

SALMON POWER SALAD / 22

freshly flaked salmon tossed through quinoa & fresh salad greens, with cherry tomatoes & green goddess dressing.

MEDITERRANEAN LEMON & HERB CHICKEN / 22

cherry tomatoes, cucumber, avocado & olives, topped with chicken & a Italian dressing.

VEGE'S LEAVES & SEEDS SALAD / 20

roast butternut pumpkin & beetroot, baby spinach, rocket & crumbled feta, topped with mixed toasted seeds & pomegranate dressing.

FROM THE OCEAN

FISH OF THE DAY & CHIPS / 18

beer battered fish with an Asian style salad, chips, lemon & tartare sauce.

SEAFOOD BASKET / 21

calamari rings, prawn cutlets & flathead fillets with an Asian style salad, chips, lemon & tartare sauce.

CALAMARI & CHIPS / 18

crumbed calamari rings served with an Asian style salad, chips, lemon & tartare sauce.

PRAWN CUTLETS / 19

crumbed prawn cutlets served with an Asian style salad, chips, lemon & tartare sauce.

BURGERS

CLASSIC BEEF * / 12

beef pattie, lettuce, tomato, beetroot, cheese & smoky BBQ sauce.

CLASSIC CHICKEN * / 12

schnitzel, cheese, tomato, lettuce & aioli.

FISH BURGER / 12

southern fried barra fillet, lettuce, tomato, cheese & smoky chipotle.

BEACHED WORKS BURGER / 15

beef pattie, lettuce, tomato, bacon, egg, cheese, pineapple, onion & smoky BBQ sauce.

STEAK SANDWICH / 18

premium striploin, lettuce, tomato, onion, cheese, smoky tomato relish, topped with a fried egg & served on artisan sourdough.

VEGE' BURGER / 15

roast field mushroom, oak lettuce, semi-dried tomatoes, sweet potato, creamy Camembert, & smoky tomato relish.

SHIPWRECK CHICKEN BURGER / 14

chicken schnitzel with bacon, lettuce, Camembert, avocado & aioli.

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SNACKS

HOT CHIPS

SMALL / 6, LARGE / 10

POTATO SCALLOP / 2

KIDS

CHICKEN DINOSAURS & CHIPS / 10

BEEF BURGER * / 10

pattie, cheese & sauce.

CHICKEN BURGER / 10

schnitzel, cheese & sauce.

KIDS FISH & CHIPS / 10

FROM THE CABINET

CHICKEN CEASAR WRAP / 10

ROAST VEGETABLE WRAP / 10

GOURMET SOURDOUGH TOASTIE / 12

see specials board

ORDER ONLINE
WITH THE BEACH
BUMS APP



SEE CABINET FOR:
WRAPS, PASTRIES,
GOURMET BREADS,
FRUIT SALAD, SWEET TREATS,
GLUTEN FREE CAKES
& MORE ...